



# INTO THE CHARTWELLS KITCHEN



Bringing School Meals to Life!

## ALL ABOUT SCHOOL MEALS FOR THE GROWN-UPS!



At Chartwells, we are passionate about children's health - and this is something we would like to share!

We want to ensure every parent and carer knows everything they need to know about their child's school meals, including:

- What they get on their plate each day
- Why school meals are so beneficial
- How we develop such tasty menus and recipes
- How nutritious and balanced school meals are

We welcome feedback, and are happy to answer any queries or questions too!



We will also provide some tasters, as well as a display of what our school meals really look like!

WANT TO BOOK A PARENT WORKSHOP IN YOUR SCHOOL?



CONTACT YOUR LOCAL FOOD AMBASSADOR NOW!

Did you know we have to follow the Government School Food Standards when developing menus, to ensure children's nutritional needs are met?



Did you know if your child has a medically diagnosed allergy or intolerance, they can still have a school meal?



Did you know we don't add salt across any of the meals in our menus?



Did you know we have reduced the sugar in our desserts by 33%?



ENCOURAGING & ENABLING MORE CHILDREN TO ENJOY A HEALTHY BALANCED SCHOOL MEAL

