

Swimming Proficiency Year 6 Academic Year 2025-26

- 1. Can you swim competently, confidently and proficiently over a distance of at least 25 meters? 49%**
- 2. Can you use a range of strokes effectively for example, front crawl, backstroke and breaststroke? 51%**
- 3. Can you perform safe self-rescue in different water-based situations? 48%**