

Swimming Proficiency Year 6 Academic Year 2024-25

- 1. Can you swim competently, confidently and proficiently over a distance of at least 25 meters? 48%**
- 2. Can you use a range of strokes effectively for example, front crawl, backstroke and breaststroke? 49%**
- 3. Can you perform safe self-rescue in different water-based situations? 47%**